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TEN STEPS FOR CLEAR EYESIGHT WITHOUT GLASSES: A QUICK COURSE (PAPERBACK)



Createspace, United States, 2011. Paperback. Book Condition: New. 252 x 202 mm. Language: English . Brand New Book ***** Print on Demand *****.(Color Version) This book is a short condensed version of our large book; Do It Yourself-Natural Eyesight Improvement-Original and Modern Bates Method . Book is written by Clark Night, a Bates Method, Natural Eyesight Improvement teacher. I have kept my eyesight clear since teen years 1974 to present age of 57. The practices in this book produce relaxation,...

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- Authored by Clark Night, William H Bates
- Released at 2011



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